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| **Faculty Information** | **Name** | | Kim, Jong-Hee | | |
| **E-mail** | | [carachel07@hanyang.ac.kr](mailto:carachel07@hanyang.ac.kr) | | |
| **Home University** | | Hanyang University | | |
| **Department** | | Sport Science | | |
| **Homepage** | |  | | |
| **Course Information** | **Course Code** | | ISS1213 | **Credits** | 2 |
| **Course Name** | | Racket Sports | | |
| **Lecture Schedule** | | Mon-Fri / 15:30 ~ 19:00 | | |
| **Course Description** | | This course is designed for international students to learn and enjoy various racket sports, including tennis, table tennis, pickleball, and badminton. Students will develop their physical skills, understand the rules of each sport, and engage in friendly competition. The course emphasizes not only improving technical abilities but also promoting teamwork, communication, and cultural exchange. By participating in these activities, students will enhance their overall physical fitness while experiencing the fun and social aspects of racket sports. | | |
| **Course Objective** | | By the end of the course, students will be able to:   1. Demonstrate basic skills and techniques in tennis, table tennis, pickleball, and badminton. 2. Understand and apply the official rules and regulations for each racket sport. 3. Develop strategic thinking and decision-making skills in competitive scenarios. 4. Foster teamwork, communication, and sportsmanship in both individual and group activities. 5. Improve overall physical fitness, including coordination, agility, endurance, and strength. 6. Engage in a positive and inclusive environment that encourages cross-cultural interaction and exchange through sports. | | |
| **Prerequisite** | | No | | |
| **Materials/Textbooks** | | class materials | | |
| **Evaluation** | **Attendance** | | 50 % | **Quiz** | % |
| **Assignment** | | % | **Mid-term Exam** | % |
| **Presentation** | | % | **Final Exam** | 30 % |
| **Group Project** | | % | **Participation** | 20 % |
| **Etc.** | | **Evaluation Item** | | **Ratio** |
|  | | % |
|  | | % |
| **Daily**  **Lecture Plan** | **Day 1** | **Course Introduction & Overview**   * Introduction to course structure, objectives, and expectations * Warm-up activities and light conditioning exercises * Basic principles of racket sports: similarities and differences   **Introduction to Tennis**   * Overview of tennis rules and scoring system * Basic skills: forehand, backhand, and serving techniques * Drills: groundstrokes and footwork | | | |
| **Day 2** | **Introduction to Tennis**   * Drills: groundstrokes and footwork * Practice games in pairs   **Tennis – Advanced Techniques**   * Advanced strokes: volley, smash, and slice * Court positioning and movement strategies * Mini-tournament format practice | | | |
| **Day 3** | **Tennis – Advanced Techniques**   * Advanced strokes: volley, smash, and slice * Court positioning and movement strategies * Mini-tournament format practice | | | |
| **Day 4** | **Introduction to Table Tennis**   * Table tennis rules, scoring, and equipment overview * Basic skills: grip, stance, and basic strokes (forehand/backhand) * Drills focusing on control, spin, and speed * Friendly matches between students | | | |
| **Day 5** | **Table Tennis – Advanced Skills**   * Serve variations, spin techniques, and advanced stroke play * Strategies for singles and doubles matches * Tournament-style practice sessions | | | |
| **Day 6** | **Introduction to Pickleball**   * Pickleball rules, court setup, and equipment introduction * Basic strokes: dink, volley, and groundstroke * Practice drills focusing on shot placement and control * Practice games in pairs or small groups | | | |
| **Day 7** | **Pickleball – Advanced Techniques**   * Advanced pickleball strategies: positioning, shot variation, and teamwork * Doubles play strategies * Competitive practice matches | | | |
| **Day 8** | **Introduction to Badminton**   * Overview of badminton rules and court setup * Basic skills: grip, stance, and shuttle control * Drills: forehand/backhand clears, drop shots, and smashes | | | |
| **Day 9** | **Badminton – Advanced Techniques**   * Advanced skills: net play, defense, and deceptive shots * Singles and doubles strategies * Tournament preparation and practice matches   **Final Skills Assessment**   * Assessment of individual skills in tennis, table tennis, pickleball, and badminton | | | |