HANYANG UNIVERSITY

Hanyang International Winter School

Faculty Information	**Name**	Kim, Jong-Hee		
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	Home University	Hanyang University		
	Department	Sport Science		
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Course Information	**Course Code**	ISS1213 (18514)	**Credits**	2
	Course Name	Racket Sports		
	Lecture Schedule	Mon-Fri 9AM-12PM		
	Course Description	This course is designed for international students to learn and enjoy various racket sports, including tennis, table tennis, pickleball, and badminton. Students will develop their physical skills, understand the rules of each sport, and engage in friendly competition. The course emphasizes not only improving technical abilities but also promoting teamwork, communication, and cultural exchange. By participating in these activities, students will enhance their overall physical fitness while experiencing the fun and social aspects of racket sports.		
	Course Objective	By the end of the course, students will be able to: 1. Demonstrate basic skills and techniques in tennis, table tennis, pickleball, and badminton. 2. Understand and apply the official rules and regulations for each racket sport. 3. Develop strategic thinking and decision-making skills in competitive scenarios. 4. Foster teamwork, communication, and sportsmanship in both individual and group activities. 5. Improve overall physical fitness, including coordination, agility, endurance, and strength. 6. Engage in a positive and inclusive environment that encourages cross-cultural interaction and exchange through sports.		
	Prerequisite	No		
	Materials/Textbooks	class materials		
Evaluation	**Attendance**	50 %	**Quiz**	%
	Assignment	%	**Mid-term Exam**	%
	Presentation	%	**Final Exam**	30 %
	Group Project	%	**Participation**	20 %

	Etc.	Evaluation Item	Ratio
			%
			%

Daily Lecture Plan	Day 1	**Course Introduction & Overview** • Introduction to course structure, objectives, and expectations • Warm-up activities and light conditioning exercises • Basic principles of racket sports: similarities and differences **Introduction to Tennis** • Overview of tennis rules and scoring system • Basic skills: forehand, backhand, and serving techniques • Drills: groundstrokes and footwork
	Day 2	**Tennis - Basic Skills** • Drills: groundstrokes and footwork • Practice games in pairs
	Day 3	**Tennis – Advanced Skills** • Advanced strokes: volley, smash, slice, and serve • Court positioning and movement strategies • Mini-tournament format practice
	Day 4	**Introduction to Table Tennis** • Table tennis rules, scoring, and equipment overview • Basic skills: grip, stance, and basic strokes (forehand/backhand) • Drills focusing on control, spin, and speed • Friendly matches between students
	Day 5	**Table Tennis – Basic and Advanced Skills** • Serve variations, spin techniques, and advanced stroke play • Strategies for singles and doubles matches • Tournament-style practice sessions

	Day 6	**Introduction to Pickleball** • Pickleball rules, court setup, and equipment introduction • Basic strokes: dink, volley, and groundstroke • Practice drills focusing on shot placement and control • Practice games in pairs or small groups
	Day 7	**Pickleball – Basic and Advanced Skills** • Advanced pickleball strategies: positioning, shot variation, and teamwork • Doubles play strategies • Competitive practice matches
	Day 8	**Introduction to Badminton** • Overview of badminton rules and court setup • Basic skills: grip, stance, and shuttle control • Drills: forehand/backhand clears, drop shots, and smashes
	Day 9	**Badminton – Basic and Advanced Skills** • Advanced skills: net play, defense, and deceptive shots • Singles and doubles strategies • Tournament preparation and practice matches
	Day 10	**Final Skills Assessment** • Assessment of individual skills in tennis, table tennis, pickleball, and badminton • Feedback on technique, strategy, and sportsmanship